



**Addendum to Issue 1. September 2015. Part 1.**

## Spirituality and Rainbow : a personal account by Andria Pablo.

*"It's far more than just a free party in the woods with lots of empty talk and endless opinions". (Source: Rainbow Hawk)*

Kia ora, ko te whanau of the Rainbow gatherings, I hope you are all keeping healthy and active loving!

My name is Andria, and today I would like to share a personal critique about the rainbow gatherings that I have had experience in Aotearoa, NZ.

My first invitation to a Rainbow gathering was in 2011, then again 2012; though I did not go to any of this as I was looking for information on the internet and couldn't find much about it (it was not a commercial festival that would be all over your face). So, for some reason I did not feel the call. Later, in the summer of 2013 my sister Annalee invited me one more time. This time I knew that it was more of an "underground" gathering and invitations were mostly by word of mouth, I chose to give it a go...

*"A choice I would never regret, perhaps I will always be grateful for!"*

It was in the valley of Kauarenga, East of Aotearoa. When I first arrive, I saw lovely positive signs such as : "Welcome home, electronic free, alcohol free, drug free, meat free, judge free, clothes free..."

It was the beginning of the gathering and the seed camp was still working on, kitchen, compost toileting, sacred circle, healing area, chai tea tent, etc. I found my spot and right away got into action, either

helping to prepare dinner for that night and organizing kitchen material, or learning how to set up a tipi with bamboo sticks.



Rainbow. Kauaeranga. 2014. Francisco Amaral

That night after food circle has been called 3 times, we gather all together in the sacred circle. Hold hands, shared and welcome each other into gathering and started singing songs that I never heard before. Tho, I learnt them straight away; and let me tell you something very important to me: I was never a happy singer in front of people, but *"OH YES! the rainbow totally activated and open up my throat chakra or communicating skill,*

however you prefer to call it, but now I cant stop singing!". After a few songs followed by a delicious vibration of OM sounds, people were encourage to help serving food. We ate and afterwards each is responsible to clean their on plate.

Do not ask me how, but the magic just happens. Everyone is mirroring each other, so the camp turns into a vibrant sphere of love. Tho, there are not such herarchies at the rainbow there is one mojo "If you see something needs to be done, JUST DO IT YOURSELF!". I totally love how this truly works.

Anyways, I won't go to detail on how rainbow functions its magic as I am sure you must accept it by now. But so far, I have been to only two Rainbow gatherings, both in Aotearoa New Zealand and have stayed in for most of the month. Those two gatherings had activated my spirit in a way that my life have change forever.



Kauaeranga Rainbow 2014. StarEartheArt.

So, to continue with my critique, Spirituality and Rainbow.

If you go to a rainbow and commit yourself to participate since day one, either by working on a project, cuddle puddling, crying, sharing your skills (yoga, tai-chi, sexual knowledge, massage, herbs, plants, cooking, etc.). But most of all try to stay

for the whole gathering you will see the difference.

In my opinion is a total cleansing from Babylons daily living. In my experience:

Clay baths pretty much 80% of the time. Ocean and river washing 100% of the time (if near the gathering). Sun nude meditation, people sharing contact through touch, jamming music, singing and dance by the fire, vegetarian food, foraging native plant and fruits, sleeping by the trees in the middle of the bush, no internet access, no phone callings, New Moon (Seed camp ceremony), Full Moon ceremony, New Moon (End camp ceremony). G! Now that's a true UTOPIAN TANTIRC life living right there. Some may call it nomadic life, gypsy life, whatever it is; it is definitely an experience open to all people of this earth.

Although, the prophecy of the Rainbow tribe says "*When the Mother Earth is sick and the animals dying, there will come a tribe of peoples from all cultures who believe in deeds, not words, and they will restore the Mother Earth to her former beauty*".

Well, I agree and feel the changes of this earth, of us as humans, of us as living organisms. Yet not only through the rainbow gathering we are facing this changes, every day more and more people add into the boat of anxiety as we feel the extreme vibrations that are manifesting change though every angle. Yet its time to stand up, participate and share the awakening towards awareness and actions. Rainbow offers the space for people to speak, to liberate and I think this is just the beginning and like the spiral of life it keeps unfolding.

People come, people go. People say Rainbow gatherings are different in every part of the world. For I have to say, that RESPECT to the land and its people its a MUST of Aotearoa New Zealand

rainbow gatherings. We have found that for a lot of us, being asked to respect the land and the ancestors of it, the spirits, the stories that each place holds, to truly listen to the woods and the fairies in it is almost unreal, yet so deep and so sacred. We have being allowed ourselves to enter to the unknown mystery of life. Now, this is big times for a lot of people that I have met in the gatherings; feeling vibrant at the gathering but truly miserable of leaving the gathering to go back to Babylon.

Yes, spirituality at rainbow is totally alive. Perhaps is the healing medicine of it all. If it wasn't for the true experience of spirituality rainbows would be way different in my most humble opinion. I can talk about Rainbow activities and ceremonies, but truly to speak about the spirit? its irrelevant, as the spirit is something that you experience when our perceptions are open. The rainbow experience helps to open this many portals of perceptions in many forms.

We, the rainbow family aim to connect with our deeper SELF, NATURE. How? ...by being true in all our perceptions. I will like to pray and bless for everyone of us that has come to a rainbow and have experience a broken shell to a new way of seeing and living. Now, this is not just something that has to be lived at the rainbow. See this experience as a seed! You are the seed, I am the seed, We are the seed. How are we growing it? Are we looking after it? or do we need to be at the rainbow to remember our own seed? If is already growing, are we sharing its fruits that are carrying seeds?, or are we wasting all that juice?

Now this is a challenge for all of us, this living is our medicine and yes we can share it with the world out there. That is our medicine, so be truly warriors of this earth (call it rainbow). We are all indigenous people of this land. Our past

generations were abused and "us" their children were stolen from home, our grandparents had to silent their traditions and their sharings of love else they were killed. We carry all that memory of love because we are the spirit itself and we are coming back home to our grand parents, to remind them that we understand their pain but we are here with them, to love them, respect them and be ONE with them again.

Bring our own ceremonies, however they speak from our hearts, with respect to each source that we are using and choosing to be one with.

Rainbow Gatherings still unfolding and I am a committed to the love seed that was shared with me through this gathering and many other gatherings of light that I had yet experience. In Aotearoa, I will be empowered to see more elders, more locals, people of the land, more kids; so we can share more the truth of RESPECT and unity with Papatuanuku.

Arohanui whanau.

### **Ko te tino o nga mea katoa ko te aroha!**

*"The essential basic of all things is the energetic connection of all things through aroha (circle of life-love)".*

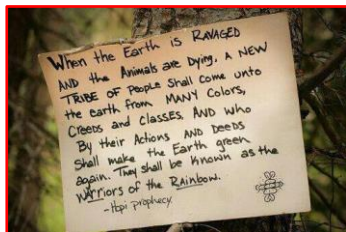


Andria Pablo 2015

## Spirituality and the Rainbow: Another view.

The very foundation of Rainbow rests in the prophecy which gave it its birth.

*When the Mother Earth is sick and the animals dying, there will come a tribe of peoples from all cultures who believe in deeds, not words, and they will restore the Mother Earth to her former beauty. This Tribe will be called, The Warriors of the Rainbow.*



The Hopi Prophecy.

Though associated with the Hopi People, it is worth noting that many indigenous people have something similar.

Rainbow Gatherings evolved upon the concept of fulfilling the Prophecy and it is those who are doing the real deeds needed to restore

the Mother Earth to her former beauty who truly represent what Rainbow is.

Of course Peace is absolutely essential for such to happen, so Rainbow also represents Peace.

It is the unity of all colours, all peoples, all life which lives upon the Mother Earth and our purpose for being is to take care of nature and to help bring it back into balance so that all life forms live in a healthy environment which can be passed on to future generations.

If one attends Rainbow Gatherings and is not involved in actions to fulfill the Prophecy they are spectators there to learn from those who are involved and not participants if they are not there to learn and become true Warriors of the Rainbow.

It's far more than just a free party in the woods with lots of empty talk and endless opinions. (Source: Rainbow Hawk)

At the Rainbow we connect with Mother Earth, Pachamama and Papatuanuku.



Papatuanuku.

We are with the Great Spirit.

Have you not ever felt your heart on a starry night. And thought you could perhaps touch the Milky Way. Have you never watched it pass above you. What of the sense of wonder and astonishment and the joy of it all.

We connect with Papatuanuku through various ceremonies.

The circle is probably the most natural shape that there is. We circle to express our solidarity, express our unity and show our support not only for our Mother but also with our brothers and sisters. We hold hands to feel the power of ourselves.



Rainbow. Guatamala. 2012. Roger Amodio.

The Ohm is a call to Papatuanuku.

The Sacred Fire represents one of the four elements and life and our activities are arranged around the fire. We walk barefoot to show our humility.

The Full Moon ceremony provides the opportunity to mark the four elements and is a time of rejoicing, naked dancing to the fire and merriment.



Rainbow. Pelanque 2012. Full Moon. Ilhuicoatl Tlayolohtli

Drumming communicates with our hearts. Covering your body with mud has a deeper meaning of honouring the earth element.

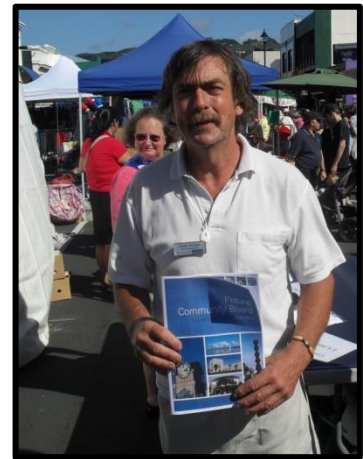
Being naked in a ceremony or generally at the Gathering can be seen as illustrative of your personal commitment to honouring the natural world.



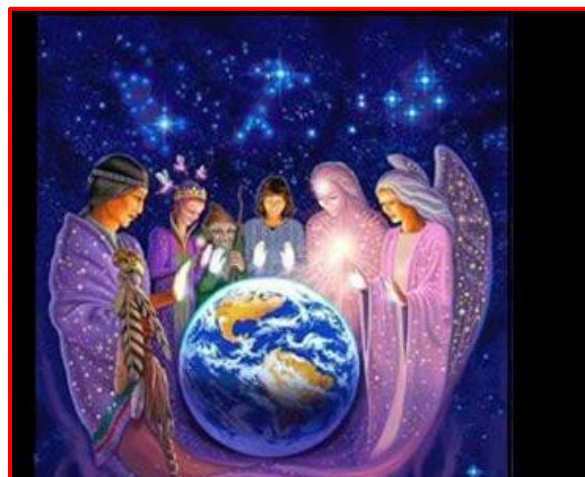
Rainbow. Pelanque 2012. Carlos Mendez.

Rainbow Gatherings certainly are not religious but they do have a strong spiritual component.

By: Gerald Davidson. The introductory words are by Rainbow Hawk.



Gerald Davidson.



Source: 'what we really do' (Poster).